



The (W)Right Coaching CC, affords you a definitive moment in time to envision achieving anything you set your mind to, realise it is possible to attain self mastery, and reach previously unimagined heights.

Relationship Coaching Needs & Benefits Assessment Questionnaire (each need stated below is also a benefit of Relationship Coaching).

Print this form out or save it to your hard drive and then complete it.

Below is a series of statements and questions.

- If you answer **yes** to any of the **questions** in the questionnaires below, or
- You pose the question below (*) to each of the points in the questionnaire and answer **yes** to the question posed,

then Relationship Coaching will definitely fulfil your needs and be of great benefit to you, your partner, and or company/organisation!

The **question *** to ask in respect of each point below is, **“Is this something I need and or want in my relationship/s, and personal or work life?”**

Tick the box if your answer is yes.

1	I want to discuss my relationship/s in a safe, supportive, positive and constructive environment;	<input type="checkbox"/>
2	It is important for me to clarify what I want out of my relationship/s;	<input type="checkbox"/>
3	I want to be proactive in exploring real life issues with myself and partner before getting married. For example, issues such as; my life, life in general, relationships, marriage and how we will get married, are we of the same religion and if not can a merging of the two work, do I truly know my partner, do I know, understand and embrace my partners values, beliefs, wants, needs, dreams, aspirations, passion and purpose, will we have a single or dual income household, how many children will we have, how will child birth take place (in a hospital/clinic or through home birth) when we have kids, will I be a working or stay at home mom, where will we live, what type of house will we have, will there be a dominant partner in the marriage and if so who will it be, will our assets be pooled or accrued separately, where will the parents/grandparents stay when they retire, and so on;	<input type="checkbox"/>
4	I wish to bring about a powerful opportunity before getting married to take steps to ensure my marriage is everlasting, magical , and truly the most incredible part of my life ;	<input type="checkbox"/>
5	Within my relationship/s it is important for me/my partner and me to take positive steps to ensure we achieve all our goals and enjoy a rich, rewarding, caring, loving, fulfilled, balanced, effective, everlasting, magical, even phenomenal relationship and or marriage;	<input type="checkbox"/>
6	Maximising my effectiveness in my relationship/s is important to me, particularly in respect of my life partner:: <ul style="list-style-type: none"> • I would like to ensure I am/we are open and honest; • I wish to communicate who I am without any ambiguity. I want to ensure I express what is important to me so that my partner understands where I am coming from; • In wanting to know myself better, I want to build up self confidence; • Appeasement is a very unproductive way to communicate within a relationship. It has shown me that it negates the possibility of bringing a situation to any kind of resolution. Finding a constructive, value-adding alternative to appeasement is important to me; • When partners never raise difficult issues and the really important questions are not asked, tension and frustration could build up, needs remain unmet. It is important that I am able to raise the difficult issues and important questions in such a way as to not negatively affect my ability to realise my ambitions for a happy marriage and possibly for a career. 	<input type="checkbox"/>
7	I want to build on or improve my interpersonal communication skills thereby ensuring effective	<input type="checkbox"/>

